

NEW!



Now Offering **Virtual Counseling**

Ideal for those who can't leave their homes, live far away, or prefer to talk from the comfort and privacy of their own homes.



Sessions are held through real time **video-calls** between client and therapist, using “Zoom”.

(Easy to follow instructions on back of this card)

You can attend your session right from your smartphone, laptop, or using a webcam on your desktop computer.



Telehealth services are covered by major insurance providers the same way as an in-person visit. Please contact your insurance provider to find about your plan coverage. **All names and interactions are kept strictly confidential** and are protected by a Business Agreement with Zoom, which is HIPAA compliant.

STEP-BY-STEP GUIDE TO zoom

1) CREATE AN ACCOUNT

You will receive an email invitation to join Zoom to your provided email address. Just click on the link and “Sign Up Free”. You will receive a second email to activate your account. Last step is setting up a password!



2) DOWNLOAD THE ZOOM APP



- If you're using a smartphone, we suggest you download the Zoom app from the Apple Store or Google Play, for a better user experience.
- If you're using your computer, you can access Zoom's website at www.zoom.us (Make sure you have a webcam installed)

3) ACCEPT OUR CONTACT INVITE

Open the app (if using a smartphone) or just sign in through the Zoom website. You will see a Contact Request from “JFS Admin”. Please accept the request so we can securely send and receive confidential information when needed.



4) YOUR FIRST VIDEO-SESSION



Once your account is up and running, your therapist will schedule a “Zoom Meeting” for your first video-conferencing session. You will receive an email invitation with a link that you will need to save until the day of your session. Please access the link at least 5 minutes before your session!

**WE APPRECIATE YOUR PATIENCE WHILE WE START OFFERING THIS NEW SERVICE.
IF YOU HAVE ANY QUESTIONS OR ARE HAVING TROUBLE WITH ANY STEP,
PLEASE CALL OUR OFFICE AT (402) 330-2024.**