

Dear JCC Swim Lesson Participants and Parents,

Thank you for choosing JCC Swim Lessons!

It is a priority to JCC Aquatics to teach the importance of being safe in and around the water no matter where you swim.



These are a few topics you can discuss with your kids to start talking about water safety.

- Do your kids know who the lifeguard is?
- Do they know it is not safe to swim alone?
- Do they know the pool rules?
- Do they know they need permission to swim?
- Do they know the difference between shallow and deep water?

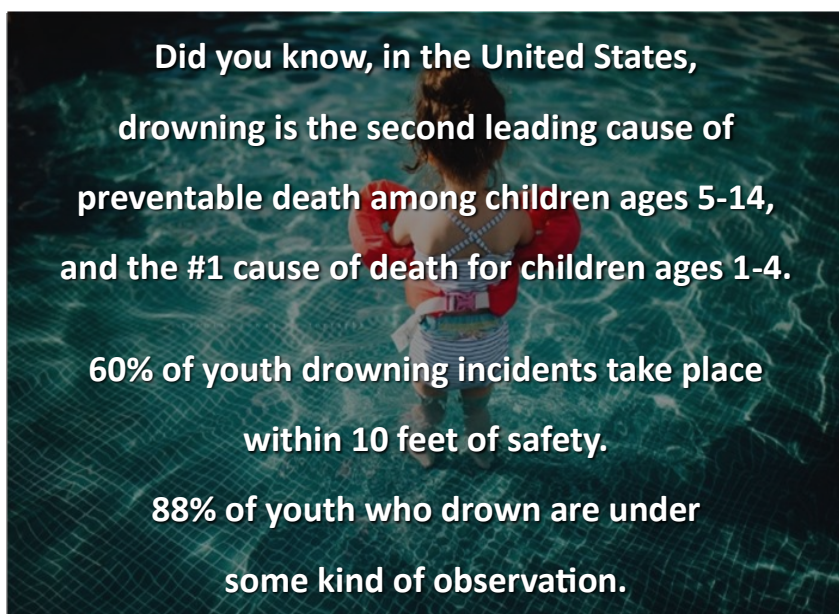


Personal Flotation Devices

PFDs are a good tool to help inexperienced swimmers enjoy the water. They can help swimmers become confident and comfortable while in the water. Children should still have an adult in the water when using a PFD.

PFDs do not guarantee that the user will be safe in the water. Some flotation devices, such as blow up water wings, can be more dangerous than beneficial. For these reasons we do not allow water wings at the JCC.

When selecting a PFD, whether it be a life vest, puddle jumper or other personal flotation item, make sure to choose one that contains the US Coast Guard stamp of approval, and that the PFD fits properly.



Our mission in JCC Aquatics is to provide a fun, rewarding experience in the water. We strive for all participants to leave with the necessary skills to enjoy the water safely.

Sincerely,

The JCC Aquatics Staff



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